

Neurodiversity Resources

Websites

[Neurodiversity and Neurodivergence: A Guide for Parents](#)

An introduction to neurodiversity and how to embrace it

[Reframing Autism - Autism Australia](#)

Collection of resources about autism, lead by autistic people

[Thinking Person's Guide to Autism](#)

Autism news and resources from autistic people, professionals, and parents

[NeuroClastic » The Autism Spectrum According to Autistic People](#)

Documenting the autistic experience through the lens and work of autistic people



Videos

[YouTube: What is Neurodiversity? - BBC Newsround](#)

[YouTube - What is Neurodiversity: A Video for Children](#)

[YouTube - What is Neurodiversity? - Differing Minds](#)

[YouTube - Neurodiversity for Children - What is Neurodiversity?](#)

[YouTube: An Introduction to the Double Empathy Problem - The Autistic Advocate](#)

Podcasts

[The Neurodiversity Podcast](#)

[Uniquely Human: The Podcast](#)

[Two Sides of the Spectrum](#) (primarily for OTs and SLPs but some great information for parents)

Instagram Accounts

[@the.aac.coach](#) – Augmentative & Alternative Communication Enthusiast

[@neurowild](#) – ADHDer Speech Pathologist with three neurodivergent kids

[@theotbutterfly](#) – Occupational Therapist, teaching parents how sensory impacts behaviour

[@meaningfulspeech](#) – SLP sharing about Gestalt Language Processing

[@nigh.functioning.autism](#) – AAC user, disability advocate

[@learnplaythrive](#) – Neurodiversity-affirming trainings for OTs and SLPs but great information for parents

Neurodiversity Resources

Books for Kids

Books about Neurodiversity

Some Brains: A Book Celebrating Neurodiversity
by Nelly Thomas

The Brain Forest
by Sandhya Menon

The Abilities in Me series
by Gemma Keir

Books about Autism

Remarkable Remy
by Melanie Heyworth

All My Stripes: A Story for Children with Autism
by Shaina Rudolph

A Friend for Henry
by Jenn Bailey

The Girl Who Thought in Pictures: The Story of Dr. Temple Grandin –
by Julia Finley Mosca

Why Johnny Doesn't Flap: NT is OK!
by Clay Morton, Gail Morton, and Alex Merry

Benji, the Bad Day, and Me
by Sally J. Pla

My Brother Otto
by Meg Raby

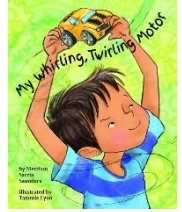
Just Right For You
by Melanie Heyworth

Noah Chases the Wind
by Michelle Worthington

Books about ADHD

My Whirling, Twirling Motor
by Merriam Sarcia Saunders

My Busy, Busy Brain: The ABCs of ADHD
by Nicole Russell



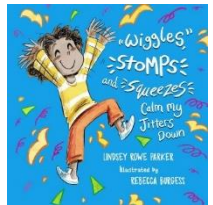
Books about Sensory Differences

Wiggles, Stomps, and Squeezes Calm My Jitters Down
by Lindsey Rowe Parker

When Things Get Too Loud
by Anne Alcott

Don't Hug Doug
by Carrie Finison

This Beach is Loud!
By Samantha Cotterill



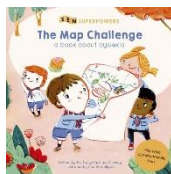
Books about Speech & Language Differences

Talking is Not My Thing
by Rose Robbins

I Talk Like a River
by Jordan Scott

Beyond Words: A Child's Journey Through Apraxia
by Dana Hall

The Map Challenge: A Book About Dyslexia
by Dr. Tracy Packiam Alloway



Books about Anxiety & Emotions

The Boy with Big, Big Feelings
by Britney Winn Lee

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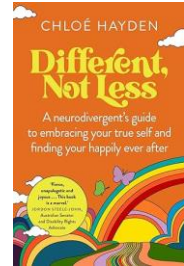
Books for Teens

The Awesome Autistic Go-To Guide: A Practical Handbook for Autistic Teens

by Yenn Purkis and Tanya Masterman

Different, Not Less

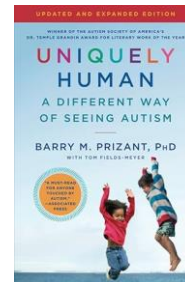
by Chloé Hayden



Books for Adults

Uniquely Human: A Different Way of Seeing Autism

by Dr. Barry M. Prizant



We're Not Broken: Changing the Autism Conversation

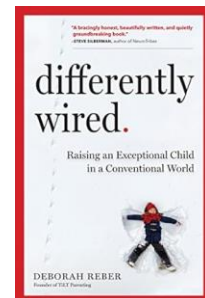
by Eric Garcia

Neurotribes: The Legacy of Autism and the Future of Neurodiversity

by Steve Silberman

Differently Wired: Raising an Exceptional Child in a Conventional World

by Deborah Reber



Sincerely, Your Autistic Child

by Autistic Women & Nonbinary Network

Unmasking Autism: Discovering the New Faces of Neurodiversity

by Devon Price

Divergent Mind: Thriving in a World That Wasn't Designed By You

by Jenna Nerenberg

Start Here: A Guide for Parents of Autistic Kids

by Autistic Self-Advocacy Network

I Will Die on This Hill: Autistic Adults, Autism Parents, and the Children Who Deserve a Better World

by Meghan Ashburn & Jules Edwards

Unconditional Parenting: Moving from Rewards and Punishments to Love and Reason

by Alfie Kohn